



## VESKI MATI ECO 5-WHOLE GRAIN FLAKES WITH AMARANTH



**Ingredients:** Ecological flakes: eco rye, eco barley, eco oats, eco wheat, eco amaranth 10%

**Packages:** 8 x 500 g

### **Nutritional value for 100 g:**

Energy	1541 kJ / 368 kcal
Fat	3,5 g
- of which saturated	0,7 g
Carbohydrates	68,7 g
- of which sugars	1,3 g
Digestible fiber	8,0 g
Proteins	11,5 g
Salt	0,03 g