



VESKI MATI WHOLEGRAIN SPELT FLOUR



Ingredients: Spelt wheat 100%

Packages: 10 x 1 kg

Nutritional value for 100 g:

Energy	1450 kJ / 343 kcal
Fat	2,3 g
- of which saturated	0,6 g
Carbohydrates	70,8g
- of which sugars	0,9 g
Digestible fiber	8,06 g
Proteins	13,8 g
Salt	0,002 g