



Quality secret in the kitchen



VESKI MATI BARLEY GRITS



Ingredients: barley grits

Packages: 15 x 1 kg | 25 kg

Nutritional value for 100 g:

Energy	1329 kJ / 320 kcal
Fat	1,8 g
- of which saturated	0,3 g
Carbohydrates	69,8 g
- of which sugars	0,5 g
Digestible fiber	7,6 g
Proteins	8,3 g
Salt	0,006 g